

# University of Pretoria Yearbook 2019

## Exercise and training principles 151 (JXE 151)

**Qualification** Undergraduate

**Faculty** [Faculty of Education](#)

**Module credits** 8.00

**Programmes** [Higher Certificate Sport Science Education](#)

**Prerequisites** No prerequisites.

**Contact time** Online hybrid supported, Sport code dependent

**Language of tuition** Module is presented in English

**Department** Humanities Education

**Period of presentation** Quarter 1 or 2 or 3 or 4

### Module content

This module is about coaching and adjudication. The student must obtain a Level 1 Sport Coaching, and Refereeing Certificate, in the sport of choice. The student must obtain a conditioning programme as well as a grounds man practical achievement.

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